

Bio-energy therapy is like a dialogue between the souls

- The disease is a cry of the soul and a consequence of living in disharmony. The therapy consists in influencing the patient's psyche – explains Ewa Wolska - one of the most popular bio-energy therapists in Poland.

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Ewa Wolska, Master of Bio-energy Therapy, Member of the National Guild of Dowzers and Bio-energy Therapists [Krajowy Cech Radiestetów i Bioenergoterapeutów] in Katowice and the Polish Association of Psychologists and Therapists [Polskie Stowarzyszenie Psychologów i Terapeutów]. Ms Ewa has an expert opinion on her dowsing and bio-energy-therapeutic skills which were tested several years ago in the Dowsing and Bio-energy therapy Center [Centrum Radiestezji i Bioenergoterapii] in Kielce. In the multi-page list of tests and examinations one can find a Kirlian photography of her hands showing very strong biofield of Ms Ewa. The expert opinion ends with a very positive evaluation and it confirms strong bio-energy-therapeutic skills.

Soul and body as a single entity

Ewa Wolska works on the basis of an individual and original method which combines bio-energy influence with psychotherapy and elements of music- and aromatherapy. *The human is not composed of two separate parts: the body and the psyche, they form a single entity –* says Ewa Wolska. She explains that the academic medicine mainly heals the human body and when the patient's health condition improves the patient replenishes energy. *While treating patients with natural methods we often reverse the order. The disease is a cry of the soul and a consequence of living in disharmony. The therapy consists in influencing the patient's psyche which also cures the body –* explains the bio-energy therapist Ewa Wolska. In the past Ms Ewa worked in the health care sector, she cooperated with medical doctors and paramedics who were providing help in emergency situations and looking after people in critical health condition.

When I saw many situations in which you couldn't help the person anymore I decided to commit myself seriously to healing and I wanted to educate myself in this profession – explains Ms Ewa. Today she has several dozen diplomas and certificates of completion of various courses and trainings.

Healing touch

As many Eastern treatment traditions, healing by touch is based on the belief that human body is surrounded by and permeated with an energy field, combined with a universal vital energy in the universe. By interacting with the patient's energy field, the bio-energy therapist enables the universal energy to flow. By using hands the therapist can feel subtle changes in the patient's biofield and the healing energy is directed to that area. You can also work by keeping your hands near the body, without touching it – says Ms Wolska.

She explains that in respecting the right to intimacy of the person asking for help, the first question she asks the patient is: "Would you mind a direct touch". Ms Ewa emphasises that in the direct touch therapy the flow of the healing energy is the most effective, but at the same time she stresses that during the bio-energy therapy the patients don't need to take off their clothes except shoes and metals, such as watches or jewellery that interfere with the therapy.

The bio-energy therapist explains that she works in different cities in Poland and has achieved great successes in the treatment of various types of outgrowths, cysts or nodules. *My treatments accelerate wound healing and relieve the accompanying pain. Ms Alicja from Częstochowa, for example got rid of ovary adhesions, another person was able to free itself of a year-long hypertension and a girl treated for infertility became pregnant –* listed Ms Ewa.

The bio-energy therapist works with patients undergoing radiotherapy and chemotherapy. She often meets persons who doubt her skills at first, but it's not a problem for her at all. *I have no problem with scepticism or religious belief of a person asking for help –* says Ms Wolska. She adds that her patients also include priests suffering from disease, who turn to her for help. One of them once told her "Never be afraid of putting your hands with love on other persons"

The bio-energy therapist provides help to persons suffering from phobias, neurosis or

depression. *When somebody turns to me, I try to devote him at least an hour. It often appears that the person has no problem with physical condition but all he/she needs is a conversation, psychotherapy. I also apply music therapy, I light the candles to create a good atmosphere – Ms Wolska says. We are living in times when we constantly strive for something, it is worth stopping and thinking about ourselves - she notices.*

You can contact the bio-energy therapist Ewa Wolska under the telephone number: 505-423-100.